

Refresh and Gladden my Spirit

Abdu'l-Baha

David Bowen

♩ = 60

Reverently

♩ = 120

Allegro

SOPRANO *pp* *mf* *f* *mf*
O God, O God! Re-

ALTO *pp* *mf* *f*
O God, O God!

TENOR *pp* *mf* *f*
O God, O God!

BASS *pp* *mf* *f*
O God, O God!

7
fresh and glad-den my spi-rit, my spi - - rit, my spi - rit, my

mf
Re - fresh and glad-den my spi-rit, my

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♩ = 52
fervently

3

21

spi - rit. Pu - ri - fy my heart. Pu - ri - fy my

spi - rit. Pu - ri - fy my heart. Pu - ri - fy my

spi - rit. Pu - ri - fy my heart. Pu - ri - fy my

spi - rit. Pu - ri - fy my heart. Pu - ri - fy my

26

heart. Il - lu - mine my pow - ers, my pow - ers. I lay all my af - fairs in Thy

heart. Thou art my Guide and my Re - fuge, all Thy af - fairs in Thy

heart. Thou art my Guide and my re - fuge, I lay all my af - fairs in Thy

heart. Thou art my Guide and my Re - fuge, I lay all in Thy

30

hand. Il - lu - mine my pow - ers, my pow - ers, I lay all my af - fairs in Thy
 hand. Thou art my Guide, my Re - fuge in Thy hand.
 hand. Thou art my Guide and my Re - fuge, in Thy hand.
 hand. Thou art my Guide and my Re - fuge, in Thy hand.

High-spirited

34

$\text{♩} = 75$

hand.
 I will no long - er be sor - row - ful and grie - ved, sor - row - ful and grie - ved,
 I will no long - er be sor - row - ful and grie - ved, and

38

grie - ved. I will be a hap-py and joy - ful be - ing.

grie - ved. I will no long-er___ be sor-row-ful and grie -

mp I will no long - er be sor - row - ful and

41

I will be a hap-py and

I will no long-er___ be sor-row-ful and grie - ved. I will___ be a

ved, no long-er, no long-er, no long - er. I will be a

grie - - ved, not grie-ved. I will no long er___ be

44

joy - ful be - ing, a joy - ful be - ing, a joy - ful be - ing.

joy - ful be - ing. *f* I will no long-er be sor - row - ful and grie - ved.

joy - ful be - ing, a joy - ful be - ing. a joy - ful be - ing.

sor - row - ful and grie - ved, no long-er sor - row - ful and grie - ved..

47

I will no long-er be sor - row - ful and grie - ved, no long-er sor - row - ful and

I will be a joy - ful be - ing, no long-er sor - row - ful and

f I will be a joy - ful be - ing, no long-er sor - row - ful and

I will be a hap - py and joy - ful be - ing, no long-er sor - row - ful and

rit. .

♩ = 50

7

50

grie - ved. O God, I will no long-er be full, be full of an-xi - e -
 grie - ved. O God, O
 grie - ved. O God, O
 grie - ved. O God, I will no long - er be full of an-xi - e -

54

ty, nor will I dwell on the un-pleas-ant things of life.
 God, nor will I dwell on the un-pleas-ant things of life.
 God, O my God, nor will I
 - ty. Nor will I

57 $\text{♩} = 60$

p mf *mp*

Life _____ O God, Thou art

p mf *f*

Life _____ (mel.) I ded-i-cate my-self to

mf *mp*

dwell on the un-pleas-ant things of life. _____ O God, Thou art

mf *mp*

dwell on the un-pleas-ant things of life. _____ O God, Thou art

61

more friend to me than I am to my - self. _____

Thee. O God, I ded - i-cate my self to Thee. I

more friend to me than I am, am to my - self. _____ O

more friend to me than I am to my - self. _____ O

64

O God, Thou art more friend to me than I am to my - self. I
 ded-i-cate my-self to Thee, O God, I ded - i-cate my-self to Thee I
 God, Thou art more friend to me than I am, am. to my - self. I
 God, Thou art more friend to me than I am to my - self I

68

ded - i-cate my - self to Thee. *rit.* *p* *mf* *mp*
 ded - i-cate my - self to Thee. *rit.* *p* *mf* *mp*
 ded - i-cate my - self Thee. *rit.* *mp* *mf* *mp*
 ded - i-cate my - self Thee. *rit.* *p* *mf* *mp*