

# Refresh and Gladden My Spirit

Prayer by Abdu'l-Baha

Music by Richard Young

Very slow: relaxed and happy

Soprano  
Alto  
Tenor  
Bass  
Piano

6  
S  
A  
T  
B  
Pno.

fresh and glad-den my spi-rit. Pu-ri-fy my heart Il-lu-mine my

- and - glad-den my spi-rit. Pu-ri-fy my heart, Il-lu-mine my

fresh my spi-rit. Pu-ri-fy my heart, Il-lu-mine my

fresh my spi-rit. Pu-ri-fy my heart. Il-lu-mine my

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# Refresh and Gladden My Spirit

2

12

S  
pow-ers. I lay all my af-fairs in Thy hand. Thou art my Guide - and my Re-fuge. —

A  
pow-ers. I lay all - my af-fairs - in Thy hand. Thou art my Guide - and my Re-fuge. -

T  
8  
po-wers I lay all - my af-fairs in Thy hand. Thou art my Guide - and my Re-fuge, Re - fuge.

B  
po-wers. I lay all my af-fairs in Thy hand. Thou Guide and Re-fuge, —

Pno.

17

S  
I will no long-er be - sor-row-ful and grieved, — I will be a hap-py and joy - ful be-ing. - O

A  
- I will no long-er be - sor-row-ful and grieved - I will be a hap-py and joy - ful be-ing - O

T  
8  
I will no long-er be - sor-row-ful and grieved - I will be a hap-py and joy - ful be-ing - , O

B  
I long-er be sor-row-ful and grieved. will hap-py and joy - ful be-ing - O

Pno.

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22

S  
God! I will no lon-ger be - full - of anx - i - e - ty nor will I let \_\_\_\_\_ troub - le har - ass me. -

A  
God! I will no long - er be - full\_\_ of anx - i - e - ty, nor will I let \_\_\_\_\_ troub - le har - ass me. -

T  
8 God! I no long - er full of anx - i - e - ty, nor will I let \_\_\_\_\_ troub - le har - ass me. -

B  
God! I no long - er full\_\_ of anx - i - e - ty nor let troub ble har - ass me. \_\_\_\_\_

Pno.

27

S  
- I will not dwell on the un - plea - sant things \_\_\_\_\_ of life. \_\_\_\_\_ Oh, God! Thou art more friend - to -

A  
- I will not dwell on the un - plea - sant things \_\_\_\_\_ of life. - Oh, God! Thou art more friend - to -

T  
8 - I will not dwell on the un - plea - sant things - of life. - Oh, God! Thou art more friend to

B  
- I will not dwell on the un - plea - sant things - of life. - Oh - God - Thou art more friend to

Pno.

# Refresh and Gladden My Spirit

4

32 *rit.*

S  
me than I am to my-self. I ded-i-cate my - self to - Thee, to - Thee! *rit.*

A  
me than I am to my-self. I ded-i-cate - my - self - to - Thee, to - Thee! *rit.*

T  
me than I am to my-self. I ded-i-cate - my - self - to - Thee, to Thee! *rit.*

B  
me than I am to my-self. I my - self to - Thee, to Thee! *rit.*

Pno.

The image shows a musical score for the hymn "Refresh and Gladden My Spirit". It features four vocal parts: Soprano (S), Alto (A), Tenor (T), and Bass (B), along with a Piano (Pno.) accompaniment. The score is divided into two systems. The first system starts at measure 4, and the second system starts at measure 32. The lyrics are: "me than I am to my-self. I ded-i-cate my - self to - Thee, to - Thee!". The vocal parts are written in treble clef, and the piano part is in grand staff. Performance markings include "rit." (ritardando) above the vocal lines and "7" above the piano part. The score concludes with a double bar line.