# The Paramount Project

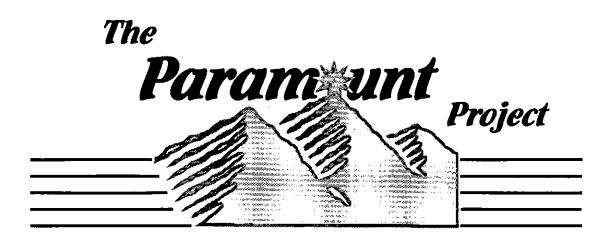
# Devotional Songs from the Baha'i Holy Writings for Community Singing

by Michael Knopf

# The Paramount Project

#### **Table of Contents**

Introduction	pages i-iii
Learning to Read Music	pages 1-14
1. O God, Guide Me	page 16
2. The Greatest Name	page 17
3. Trust in God	page 18
4. Praise Be to Thee	page 19
5. My God, My Adored One	page 20
6. I Am a Little Child	page 21
7. Glorified Be My Lord	page 22
8. He Is God!	page 24
9. O Sun of Bounty	page 26
10. Unite the Hearts of Thy Servants	page 28
11. I Have Turned My Face	page 30
12. O Thou Kind Lord! Unite All.	page 32
13. Ye Are the Fruits	page 34
14. O Our Lord	page 36
15. O God Omnipotent	page 37
16. Ya Baha!	page 38
17. My God, My Fire, and My Light	page 40
18. Be United	page 42
19. Refresh and Gladden My Spirit	page 44
20. The Song of God	page 46
21. Prayer for Healing	page 48
22. Be Ye As a Mountain	page 50
23. Prayer for the Fast	page 51
24. O Ye Beloved of the Lord	page 52
25. Mortal Charm	page 54
26. Unto God	page 56
27. Rely Upon God	page 57.
28. O Thou Kind Lord!	page 58
29. O People of Baha!	page 60
30. Make Haste to Love	page 62
31. A Ridvan Carol	page 64
32. Dominion is God's	page 67
33. Song for Nawruz	page 68
34. The Bab – The Exalted One	page 70
35. O My Lord!	page 72
36. Lift Up Your Heads	page 74
37. Lo, the Nightingale	page 76
38. Let Us Burn Away	page 78
Appendix	page 81



#### Introduction

#### **Purpose**

The purpose of the Paramount Project is to assist community development and personal spiritual transformation by increasing the level of quality participation in communal singing within the Baha'i Community. It aims to achieve this by providing new music incorporating the Baha'i Sacred Writings suitable to a variety of abilities, and by presenting the Tonic Sol-fa system for learning music-reading skills so that its users can become gradually musically literate. The music in the Project, though aimed at Baha'i Community life, is also appropriate to any individual or group wanting to use music in devotional practice whether it be personal, in the family, or in a wider community.

The Paramount Project encourages principles which are seen as integral to the project.

- To provide music for devotional and community use which, in the main, has a Scriptural basis.
- To encourage the greatest use of music and particularly vocal music in Baha'i private and public life.
- To encourage the pursuit of excellence in music-making for devotional and community use, through individual and community training.
- To encourage the acquisition of music literacy in the community.
- To supplement local music creativity with original music that is flexible and suitable to a variety of circumstances.

The latter principle is one that is important, as it points out that no singular style of music-making is imposed upon the Baha'i community. Though *The Paramount Project* is based on Western musical practice, it does not attempt to narrow the musical field down. The music is varied and seeks to explore various styles and settings. There are innumerable formal and informal musical systems and aesthetics in the world, each of which will have its particular value in community life, and which contribute greatly to musical and devotional experience around the planet.

Western musical practice has advantages in that it has penetrated a great number of our diverse societies, with vocal and musical techniques and choral musical practice evident in many countries. This is much of the time adapted to local use. The Sol-fa system of sight-singing has its roots in Europe, but has spread to most parts of the world. Many teachers learn this in a rudimentary fashion so as to use it in the classroom. In addition, Western choral music is well documented and provides a useful resource. However, in keeping with the principle of musical diversity, local musical systems are just as valid, and are important to the entirety of our human experience.

#### **Format**

This volume contains explanations of musical symbols and notation. It attempts to introduce to the reader the skills necessary to understand musical notation and the Sol-fa system so that he or she can learn simple songs. Musical symbols and notation will be introduced in conjunction with musical examples from the collection provided by this volume, so that an immediate familiarization with the music is obtained. The Appendix contains reference material including musical scales and the sol-fa associated with them.

The songs appear in a progressive order. The first are simple and brief, and are easily learned. Those towards the back of the volume are deemed more challenging and may require professional guidance and direction.

Each song is accompanied by an indication of what Sol-fa tones are used (in ascending order), and with a keyboard diagram which will help the user to find the correct tones identified by their Sol-fa names on the keyboard. As Sol-fa is flexible to use at any pitch-level, one does not need to use the exact pitches, but adjust their voice to a comfortable level and apply the Sol-fa to that area. It is recommended that an electronic keyboard with a transposition facility be used if possible, so that the key can be raised or lowered on the keyboard to the range suitable for the voices concerned.

The following pages introduce skills for learning to read music. The Cheve system of rhythmic notation (where quarter-notes/crotchets are represented by the syllable "ta", and Eighth-notes/quavers by "ti"), and the Tonic Sol-fa system which designates syllables for each tone in the scale (do re mi fa so la ti do). These simple systems provide useful means for learning basic music-reading. There are many resources available from local and school libraries that expand on these systems which are usually found within the Kodaly music learning context. This method includes the use of hand-signs for each Sol-fa syllable. Many Kodaly societies exist around the world, and these provide learning materials and workshops that are invaluable to both teachers and students of music.

These songs are designed for octave voices, the women and children singing the music as written in the treble clef, the men an octave below. This may not always achieve the best result when considering varied local abilities. Where a part can be sung in unison (in the same clef- all voices singing at the same pitch), and this is done comfortably, the key and thus the pitch level should be adjusted appropriately. Where there are fewer men singers, they could take the lowest part, and so on. Flexibility and conscious adaptation of the music to local needs is crucial.

All of the songs in this volume, with the exception of the Ridvan Carol and the Nawruz Song have their texts taken from the Baha'i Holy Writings. Some are portions of text (such as the invocations in My God, My Fire, and my Light) taken from a tablet or prayer, whilst others retain an entire excerpt. Sources are indicated with each song. These include Baha'i Prayers (U.S.1982), Gleanings from the Writings of Baha' u'llah, Tablets of Baha'u'llah, The Advent of Divine Justice, Selections from the Writings of Abdul-Baha', The Kitab-i-Aqdas, and The Hidden Words and Selected Holy Writings (Baha'i Publishing Trust, Malaysia) The general aim is to combine the Word of God with a crafted musical form in such a way as to retain the Word's inherent integrity and sacredness, but allowing for the power of musical expression to enhance the experience.

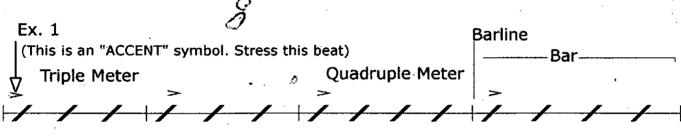
Any song using the Holy Writings must be performed and enjoyed in a way that retains their dignity and sacredness. These songs, though varied in style and approach, aim to lend themselves to that end. It is hoped that they will encourage many to be diligent in learning and experiencing the wonder of singing the Holy Word.

# Learning to Read Music

Learning to read music requires that one learn a simple, mathematically-based language. The mathematics in writing music is very basic, but it still takes time to associate one's self to the symbols and system of music literacy. In the following pages, each element of reading music is capitalised for easy reference. This will usually be followed by graphic or musical explanations and examples so that each concept is easily seen. If you can arrange a workshop/lesson with a music teacher or musician to assist you in learning the following, so much the better.

### Metre, Rhythm, & Notation

The BEAT is the most fundamental part of music. It is the underlying "pulse" that almost all music has, and it is to the BEAT that we all tap our feet when listening to music. BEATS fall into groups of predictable patterns of strong and weak units. Most songs and pieces of music use only one pattern as its underlying pattern, and this may be of groups of four beats or three or two. A group of beats sounding or being felt as -strong, weak weak- tells us that the group contains three beats, the first emphasized and the following two not. This grouping of beats into patterns is called METER.

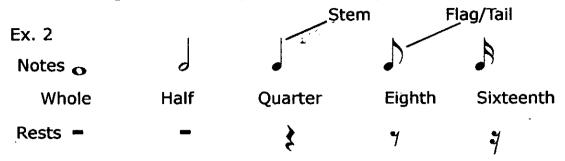


ONE two three ONE two three four ONE two three four Count:

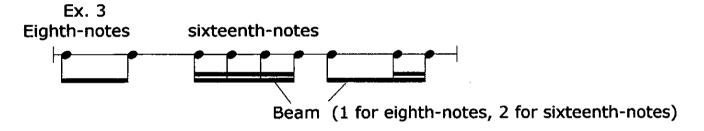
The above shows how these groups of beats can be written in time, passing from left to right. The slashes here represent the beats, and the capitalised number represents the first beat of a BAR or MEASURE. A BAR is a unit of musical time which contains a group of beats in a certain METER ( the pattern of beats - strong ,weak etc.) Bars are divided by BARLINES so that each repeat of the pattern is easily seen. This example shows two bars of a three-beat meter and two bars of a four-beat meter. The beat does not have a symbol as it is never written in music. It is felt as the series of pulses underlying the written music. The above then, is only a visualization of what is meant by beat.

The sounds that we hear in music have several primary characteristics or components. RHYTHM is concerned with the beat and the sounds that pass in time. MELODY is the sequence of various TONES or PITCHES ( high and low sounds) that follow one another. HARMONY occurs when two or more notes are heard at the same time.

The Paramount Project page 1 Copyright 1999 M. Knopf The symbols below represent the sounds and silences that occur in music. Those concerned with sounds are called NOTES, those with silence, RESTS. Each of these have a value in time, and are described by how many beats or what fraction of a beat they sound for. The QUARTER-NOTE is the standard for a sound lasting for one beat (1 note = 1 beat). Other notes will have other values.

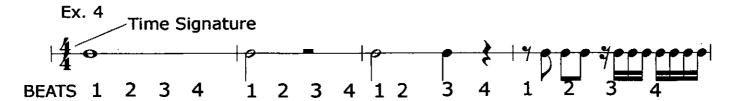


Notice that the note/rest names are fractions that correspond to half of the note before it - whole-half-quarter-etc. If a quarter-note gets one beat( or count), a half-note gets two, and the whole note gets four, and eighth notes only half a beat. It takes two eighth-notes to equal one beat. Likewise, it takes four sixteenth notes to equal one beat.(In the English/Australian system, these notes are called respectively "Semibreve, Minim, Crotchet, Quaver, and Semiquaver.) You will notice that eighth notes have a "FLAG" or "TAIL" to distinguish it from a quarter note. A sixteenth has two flags. When eighth or sixteenth notes occur on the same beat they are BEAMED together.

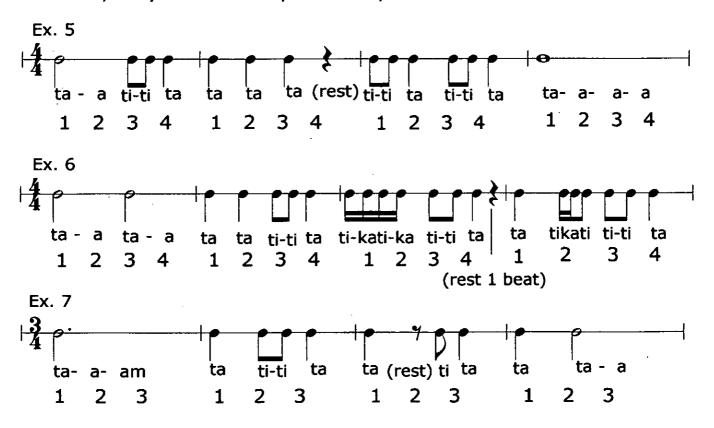


METER is described by a TIME SIGNATURE. This sign at the beginning of the music tells you how many beats are in the bar (the top number), and what sort of note gets the beat (the bottom number). Four/Four time (also known as "common time" and represented by a large "C") means that there are four quarter-note beats in the bar. All the notes or rests written in the bar must add up to this total. A whole-note lasting 4 quarter-note beats fills the bar exactly. So does a whole-rest. 2 half-notes or 4 quarter-notes do the job, or any combination, e.g. 1 half-note, one quarter-note, and 1 quarter-rest. Eight-notes are a half-beat each, so 8 of them fill the bar, as do 16 Sixteenth-notes. Any combination works, as long as the total adds up to 4 quarter-notes.

The example below shows sounds and rests correctly notated. Note that visually, each beat is discernable as a separate unit within the bar. Beaming eighths and sixteenths make this obvious.



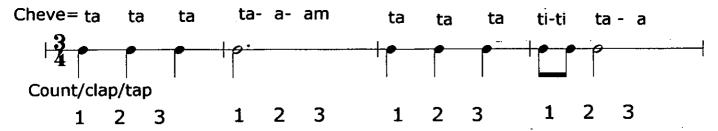
To assist in learning how to "sound" these notes in time, a system of naming each note with a syllable was contrived and is known as the "CHEVE" system. Whole-notes are given the syllable "ta" sustained over four counts, or "ta-a-a". Half-notes are "ta-a" (or too), quarter-notes are just "ta", eighth-notes are "ti" (so 2 of them sound "ti-ti"), and sixteenth-notes are "ti-ka ti-ka" (or ti-ri ti-ri). A beat that saw an eighth and 2 sixteenths would sound "ti - ti-ka". When you try saying the examples below, be sure to tap your foot, or gently strike your thigh with your hand in a steady, unfailing beat. This will mark the time or the beat, but your voice will speak the rhythms.



The Paramount Project page 3
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Example 7 is in three/four time with 3 quarter-note beats to the bar. Notice the DOTTED half-note in the first bar. A dot after a note or rest increases the time value of that note or rest by half of its present value. So, to a half-note which is equal to 2 quarter-note beats you add half of that, which is 1. The dotted half-note is now worth 3 beats. The song, "Praise Be to Thee" uses this rhythm.

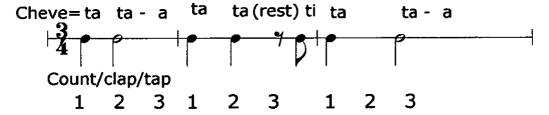
Ex. 8 "Praise Be to Thee"



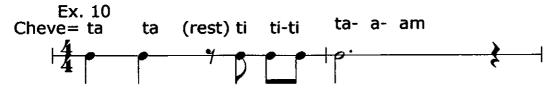
Notice that when you tap your foot it has two motions; one going down and touching the floor, the other when you lift it back up. Eighth-notes are placed two on the beat as we have seen. The foot-tap then, is a good way to measure the length of time for each pair of eighth-notes. When there is a rest for half a beat (an eighth-rest) it, in effect, lasts for the time that your foot taps the floor in keeping the beat, but if followed by an eighth-note (cheve=ti), you must sound that note on the "up" part of the beat.

The following example is taken from the song "O God, Guide Me".

Ex. 9 "O God, Guide Me"

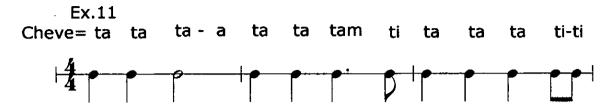


Here, you must maintain a count with your tapping and consciously be aware of the silence on the "down" part of the 3rd beat in the 2nd bar, and immediately as the foot comes up say" ti", proceeding steadily to the "ta" and "ta-a" of the next bar. Another example (Ex. 9) using an eighth-rest is the song "O God Omnipotent". This shows 2 quarter-notes (ta ta) followed by an eighth-rest and then 3 eighth-notes.



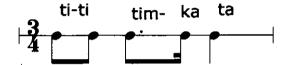
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When a dot comes after a quarter-note, remember that the dot adds half the value of the note it follows. A dotted quarter-note (Cheve=tam or tum) is then worth 1 and a half beats. In the song "O Our Lord", the dotted-quarter-note is held from beat 3 of the bar to the first half of beat 4, and is immediately followed by the eighth (ti)on the end of that beat 4, and must then move on in time to the next bar of ta ta ta ti-ti.



Another rhythm that occurs in the songs in this volume is a DOTTED EIGHTH-NOTE followed by a sixteenth. This is known in Cheve as "tim-ka" (or tim-ri). This represents a longer sound equal to 3 sixteenth-notes, and a shorter sound equal to 1. As it most often occurs on the same beat, it is beamed as seen in this example.

Ex.12 from "Glorified Be My Lord"

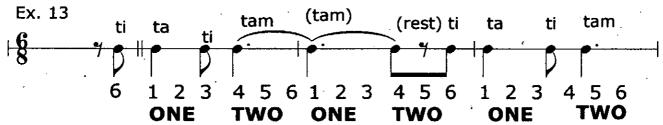


#### **Changing Meter**

Some songs in this volume have a change in time signature in the music. "Refresh and Gladden My Spirit" begins in 3/4 time at a moderate TEMPO (speed). At letter 'B' it changes to a slower 4/4 time. Here, as in all examples, it is necessary to be very aware of the change and to prepare each section carefully. Simple counting of the beats in the bar as it is being studied will help one to be conscious of the beat patterns. In "The Bab", the meter changes to 5/4. Though when it is performed it will sound 'right', be aware that at first the change will present some difficulty. "Ye Are the Fruits" begins in 4/4 and is sung freely (without too much sense of beat). But soon it changes to a 3/4 meter and "in time" (with an obvious sense of beat). Preparation and familiarization is the key to success in learning such pieces.

#### Compound Meter

The Time Signatures we have looked at so far are called simple meters because they involve straight-forward counting. Compound meter (usually 6/8 time) involves the consideration of an option. You can count each bar either of two ways depending on what is more convenient. In 6/8 time, you have stwo beats to the bar, each beat having three smaller pulses represented or sounded by an eighth-note (not quarter-notes as in all previous examples). Sometimes 6/8 time moves quite fast and it is easier to group the six beats into 2 x 3 beat groups. Notice in the example below taken from "Make Haste to Love", ( the only song in this volume in 6/8), that the eighth-notes are grouped into three on each side or half of the bar. They are grouped by the beam that connects them. This means then, that you can "feel" the beat in 2 to the bar instead of 6. - ONE two three FOUR five six -

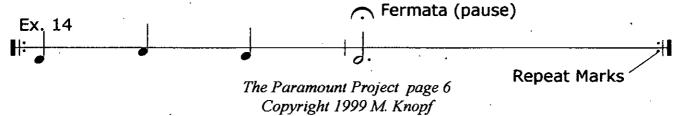


Under the six pulses shown here with numbers, you'll see a larger and broader pulse. This shows that 6/8 time is many times "felt" in 2 broader beats. This song also uses the dotted Quarter-note, the Cheve "tam". This note equals the value of 3 eighth-notes, so in 6/8 time it lasts for a count of -ONE two three.

#### Some Other Music Symbols

The curved line joining the notes in Ex. 13 is called a TIE, as it "ties" one note to another or more so that they become one continuous sound. (In this instance the sound equals 7 smaller pulses.)

There are a host of other music symbols which have definite meanings. Those dealing with the softness or loudness of the music are: p mp mf f for the Italian words piano (soft),mezzo-piano (moderately soft) mezzo-forte (moderately loud) and forte (loud). The following example shows the FERMATA or PAUSE, which means to hold the sound for an unspecified time (a conductor usually signals the end of this, or it is decided by the solo performer), and the REPEAT MARKS which consist of heavy barlines with two dots, one on either side of the middle staff line indicating that music between the two sets of dots must be repeated.



Other useful musical symbols are what are known as 1st and 2nd ENDINGS. These are used when you need to repeat a section of music that must end a different way the second time. Example 15 shows these signs in combination with repeat marks. As you read this music you move left to right to the repeat mark/sign under the first-ending line and return to the 1st bar and repeat. When you reach the 4th bar of the example, you do not do the 1st ending, but skip it and perform the music in the bar with the 2nd ending indication (the number 2 above the line).



### CMusical Pitch & Melody

Melodies are streams of pitched tones which we describe as being high or low. To specific tones (like on a piano) we give a TONE NAME using a letter in combination with other musical terms. In the Western musical system we have 12 tones that are duplicated in higher or lower OCTAVES. However, we only use seven alphabet names (adding other terms to alter them) which are A B C D E F G. The eighth in this series (hence the term Octave) begins again with A and so on. On the piano diagram below, you will see how this pattern is repeated. Each letternamed tone towards the right is a higher sound than the one preceding it. Likewise, the notes on the left-hand of the keyboard are lower notes. Notice also the pattern of 3 & 2 black keys which helps to visualize where you are on the keyboard.

A B C D F F G A B C D F F G

LEDGER LINES

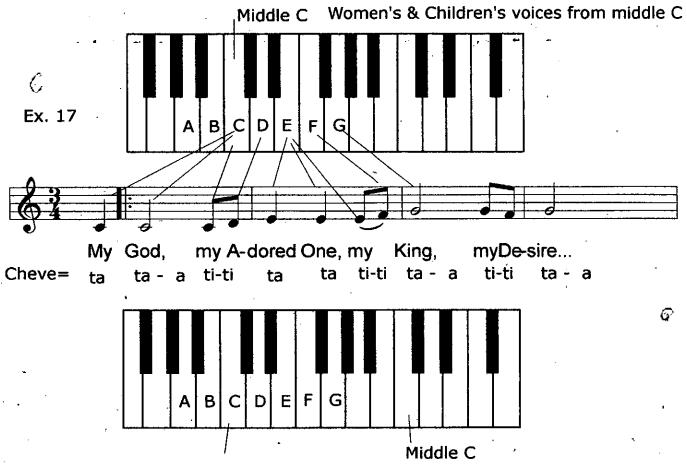
Notice that in the STAFF of 5 lines, each space and line represent a different note. The lines correspond to E,G,B,D,F & and spaces to F,A,C,E. LEDGER LINES expand the range of high and low notes of the staff so that you are not limited to only the few notes that can be indicated on 5 lines.

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The "C" note (to the immediate left of 2 black keys) in the middle of the keyboard is called MIDDLE C. In voices, this note marks the beginning of the upper part of men's voice range and the lower area of women's and children's voice range. It is an important reference point on the keyboard. In the following example, the range of the notes in the treble staff is much higher than what can usually be sung by male voices, so in this example, men will sing the same notes but at a lower octave.



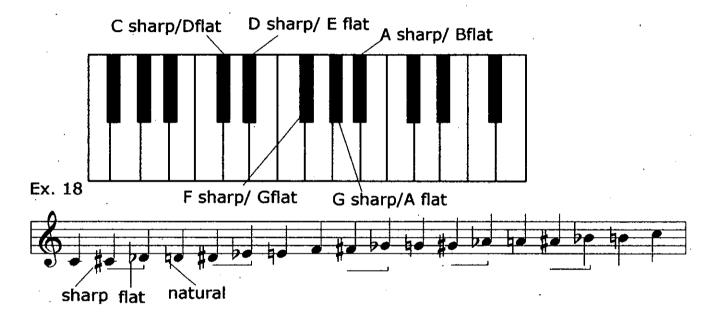
Men sing from here (on the C below middle C)

If you have a keyboard, try playing the above musical example. Also, have a look at the curved line on the notes above the word "my". When this curved line was encountered before, it was a "tie", tying two or more notes together to create a longer sound. Here however, it is a "SLUR" which joins notes of different pitch (here E and F) and indicates to sing or play them smoothly. It is used in vocal music to show when a single syllable is to be sung over several different tones.

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On the keyboard, the white keys are known as "NATURAL" notes. In our music system we use the names of seven alphabetical letters (A G B D E F G) which are repeated on every eighth key (remember the octave). Our music system however, has actually twelve notes to the octave and these other five notes are described as "ACCIDENTALS". A "SHARP" raises the note one key which equates to the distance from one note to the next higher note. The distance between these keys/notes is called a "SEMITONE". Two keys or two semitones represent the distance or "INTERVAL" of a "TONE". A "FLAT" lowers the note a semitone ( or to the adjacent left-hand side black key).

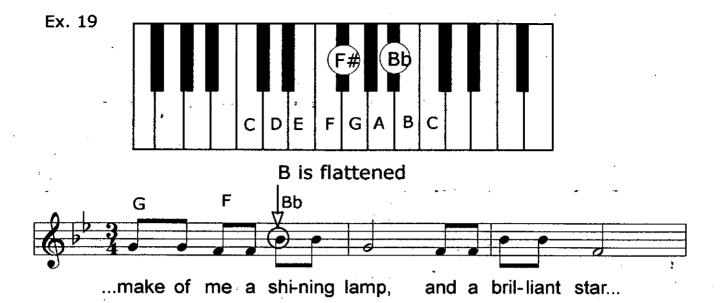
So, each black key on the keyboard represents usually two spellings of the same sound, a flat and a sharp.



Note that the sharp, flat or natural sign precedes the note-head.

Example 19 shows the use of a KEY SIGNATURE. This indicates the use of one or more flats or sharps in the "KEY" of the song. (Key is the use of a particular series of notes using all the letter names, and corresponding to a pattern of black and white keys on the keyboard.)

Here the key signature shows the flat signs placed on the line or space of the staff to indicate which note (alphabetical name) is altered, in this case lowered a semitone. Since the "B" line and the "E" space are flattened, all notes of those names will be lowered a semitone. In the example below, (O God, Guide Me), the "B" note is played as a flat (black key).



In the next example (Unto God), the key signature indicates with a sharp on the top line that all "F"s in the piece are to be played "sharp", that is raised a semitone to the black key just to the right of F on the keyboard. Find the written notes on the keyboard diagram above.



Open to the song "I Have Turned My Face". Look at the symbols and directions given at the very beginning. You will see the standard treble clef, some verbal instructions as to the tempo or speed of the music, the time signature and the key signature. The key signature tells you that all "B"s in the music will be flattened as in the example above. All the other notes will remain "natural" (i.e. the white keys). The notes in the music itself must become in time, familiar to you so that you can recognize them on sight as C E E F F F G A F D C. The keyboard diagram on each page will help you find these notes on a keyboard so that you can get the correct pitches and hear how the notes sound. There are specific key signatures for every major and minor key.

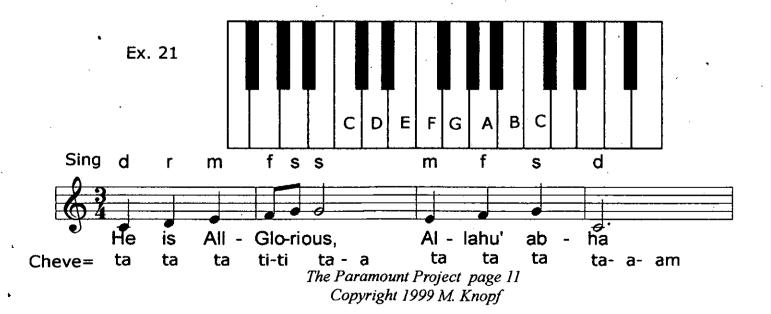
#### Tonic Sol-fa Music Reading

Tonic Solfa is a system of learning to read music by recognizing the interval or distance between any two tones using characteristic syllables. Through practice, one learns to sing correctly the various tones of the MAJOR SCALE in relation to each other. These syllables are do (dough) ,re (ray), mi (me), fa (as in far), so (so or sew), la, ti (Tee), and do again for the octave. In practising singing these syllables, one becomes aurally aware of the individual relationships between any pair of syllables and their place in the scale. In notating sol-fa, lower case letters are always used and are placed in this volume above the staff. The "' " sign is used when a sol-fa letter indicates a note above the original octave. The ", " sign is used when the sol-fa used is below the original octave.

To get an idea of how this scale sounds, play all the white notes on the keyboard from "C" to its octave "C" whilst singing each note with its sol-fa syllable. (C= do, D= re, E= mi, F= fa, G= so, A= la, B= ti, and C octave = do'.)

All of the music in this book is accompanied by either a line above the staff which shows the sol-fa used, or by the sol-fa letters only appearing above the written notes. For the sake of this volume then, one can chose to learn the pitch of the notes in the melodies by using either the normal music notation and a keyboard, or the sol-fa syllables, or even better, with a combination of both.

For example, in the song "The Greatest Name", the solfa line above enables you to hear and sing the correct note. After learning the sound of the melody, you can then sing the same notes using the lyrics of the song. Practice first singing the notes of the sol-fa scale from "do" to "so". Then follow the sol-fa indication above the staff, changing the pitch of your voice to the syllable required. (Keep in mind that this cannot be done overnight. However, repeatedly singing the "do re mi fa so la ti do" SCALE and experimenting with the order of the syllables will increase your awareness of pitch and the relationships between them.)



One of the main characteristics of the Tonic Sol-fa system is that the "do" is moveable. It can be placed on any note and the do-re-mi scale can be sung. (This scale is known as the "MAJOR" scale.)MOVEABLE "DO" is useful for when you don't have an instrument to find a pitch. You simply sing "do" where it is comfortable and begin your song. In using this volume, this means that you can learn many of the songs by using the following steps:

- 1. Become aurally familiar with the do-re-mi scale by singing it several times.
- 2. Sing the sol-fa syllables given above the song slowly and try to be aware of their changes, ensuring accuracy by reviewing the scale as you learn the syllables of the song.
- 3.Learn the song by singing the sol-fa syllables provided in time, tapping your foot slowly as the basic beat.
- 4. Sing the words of the song after having learned and retained the melody in your aural memory.

For instance, in the previous example (Ex. 21), you would learn the song by firstly reviewing the rhythm using the Cheve system, then finding a comfortable "do", then singing the do-re-mi (major)scale to fix the syllable relationships in your ear, then singing the syllables given above the music -- d r m f s s , and finally singing them in time (slowly at first and keeping in mind how the quarter-notes and eighth-notes sound in the duration of the sound.) As you practice, you become more proficient and more confident. When the syllables have served their purpose in learning the melody, you sing the text of the song.

Example 22. shows a song in a different key (F major instead of the previous song's key of C major). Again, this does not present a problem to those who don't have an instrument or who do not feel they understand how to respond to this fact. Since we use a moveable "do", you can sing this in any key that is comfortable for you. The music is written in a specific key as a guide, but one of the purposes of this volume is to empower the user to adapt each song to his or her own voice. The process here is the same as before.

Note the single-lined staff labelled "Tonic Line". The TONIC is the central pitch or note of a scale or a piece of music. Often the music "gravitates" or "rests" on this sound in our ears. In a major key, the tonic is always "do", so this line



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Note that the sol-fa for this piece indicates the use of "so", "la", and "ti" below the tonic of "Do". These are written with the use of the small vertical dash at the bottom of the syllable. To find these pitches, sing "do" and go backwards to "so," (d t, l, s,). Then practice singing these in various combinations to become familiar with their relationship to "do". Then sing the sol-fa up to "so" above the "do". Once familiar with these, try singing them in the order given keeping in mind the note durations. (If it helps you to write the Cheve rhythmic language below the notes, do so! (e.g. ti-ti/ti-ti ta-a ti-ti/ta-a-a ti-ti/ ta-a-a etc.)

Up until this point, we have dealt with songs in major keys. MINOR keys are also to be considered. There is a generalized view of these two as having a primary emotional or psychological association. Usually, major represents a brighter and happier sound. Minor usually sounds dark and sad. Though this is an exaggeration, it is sometimes helpful to accept this association until one is thoroughly acquainted with their distinctions.

Example 23 is from the song "Be United". It begins in the key of G minor (G is the tonic) but ends in Bb major. You'll note that the key signature stays the same. This is because every major key has a relative minor. The tonic of the major key is "do", the minor key uses the same notes but starting from a different tonic, that of "la".



### Accidentals Within Keys

Although each key has its own sharps or flats or natural notes, other ACCIDENTALS occur in melodies and these can add welcome change and colour to the music. The following example shows how this can occur. Note also, that there are sol-fa syllable names for these in each key as well.



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Notice that in the previous example, the normal "mi" sol-fa sound was lowered a semitone to "ma" (the E flat instead of E natural). Similarly, the "ti" was flattened a semitone to a "ta" (B to Bb), and then altered up a semitone and returned to B natural. These "accidentals" allow flexibility with pitch within the context of a dominantly major or minor sound.

Ex. 25 shows how the use of an accidental can allow the music to switch between minor and major sounds. The third note of the scale usually defines major or minor, and in this example we see "E", the 3rd note of the C major scale, flattened a semitone to Eb, the 3rd note of the C minor scale. The result is an effective one. When learning pieces using accidentals, you will need to hear them by playing them on a keyboard as they are not as easy to learn, being outside the basic sol-fa scale of do-re-mi.



Other songs in this volume use accidentals and unusual scales. These must be taken on by careful use of a keyboard and repetitive learning in regard to the sounds used in the pieces.

#### Rounds and Part-learning

ROUNDS are songs that are sung in two or more groups singing the same melody but entering at different times. Some of the songs in this volume can be sung as rounds ("The Greatest Name", the top line to "Unto God", etc.). It is important for all to be very familiar with the melody so that it is sung with precision within each group, and ensuring clear entries. The song "Prayer for the Fast" uses a device similar to the round known as CANON. The first part is sung in unison/octaves, but the titles of God (the Most Holy, etc.) can be sung by groups following each other one bar behind. If this is the case, the entire passage must be clearly learned by all first so that the exact pitches of each bar are clearly sung. The result is a harmony that will provide a deeper experience of the music.

Part-singing is learned with diligence and persistence. Some of the songs in this volume have simple parts (e.g. "My God, My Fire" which uses only the changing of one or two note in each group, and a simple contrasting line in the second section), and others have more challenging ones, (e.g. "Let Us Burn Away", having an independent character for the 2nd part.) Some of the more difficult pieces then, require someone to direct your group efforts.

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# The Songs

# Praise be to Thee

SOL-FA - l, drmsl

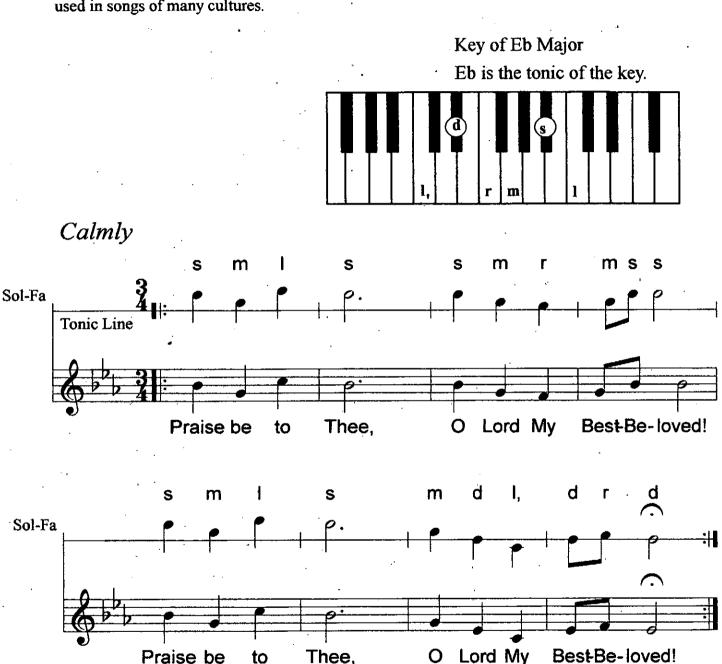
Source = Baha'u'llah Baha'i Prayers U.S. p 164

Praise be

to

Thee,

This simple song uses the pentatonic scale, (in Sol-Fa, dr m s l), which is used in songs of many cultures.



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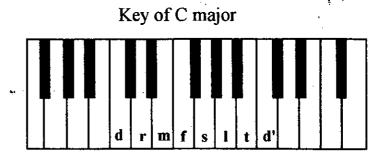
Lord My

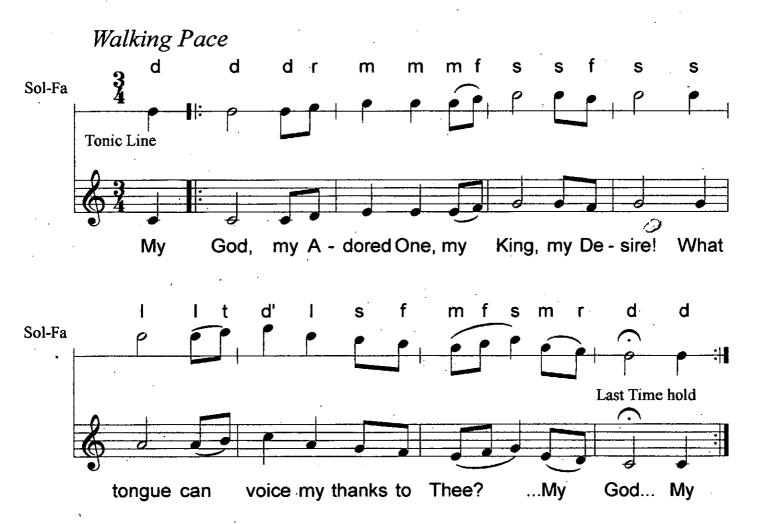
# My God, My Adored One

SOL-FA - drmfsltd'

Source = Baha'u'llah Baha'i Prayers U.S. p19

This is a simple piece that uses all the notes of the C major scale in a rising and falling melody. It can be sung as a two-part round with the second part entering when the first part reaches the end of bar 4 (on the word "What", 2nd part sings the beginning "My")





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0

# I Am a Little Child

Source = Abdul-Baha Baha'i Prayers U.S. p36-7

SOL-FA - 1, drmfs



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# Glorified Be My Lord

#### SOL-FA - drmfsltd'

Source = Baha'u'llah Tablet of the Holy Mariner

This can be sung as a solo, in unison/octaves, or in three parts following each other after one bar. (When Part 1 reaches bar 2, part 2 begins on bar 1, and when part 2 reaches bar 2, part 3 begins on bar 1. The following page shows this written out with an arranged ending.)

# Key of C major

#### Andante Moderato

0





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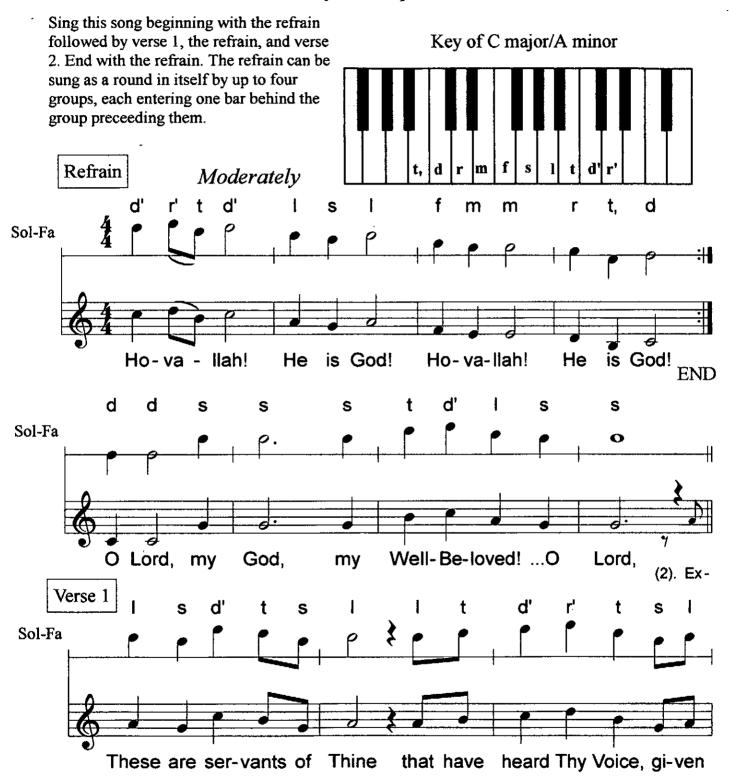
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 $\bigcirc$ 

# He is God!

SOL-FA - t, drmfsltd'r'

Source = Abdul- Baha Baha'i Prayers U.S. p.202-3



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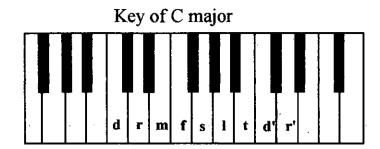


lu-mine their fa-ces.. ...and per-fect their joy... per-fect their joy...

# O Sun of Bounty

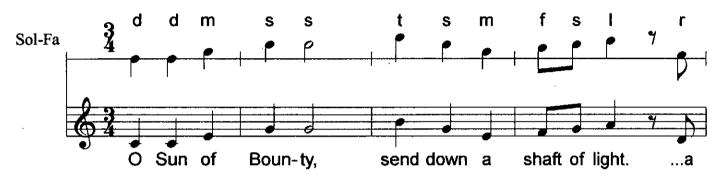
SOL-FA - d r m f s l t d' r' Source = HW & SHW (BPT Mal) p 102

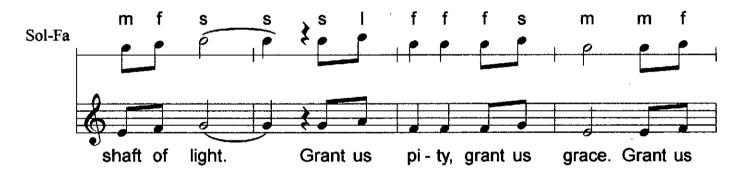
This song has two sections, the second rising to the octave. It may be sung twice through.

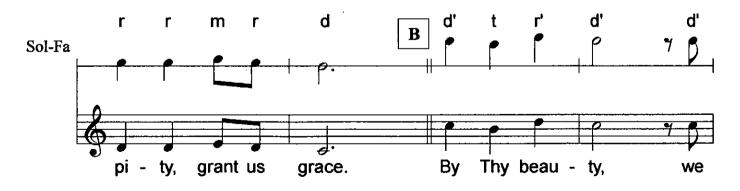


 $oldsymbol{A}$ 

At a moderate pace & reverently







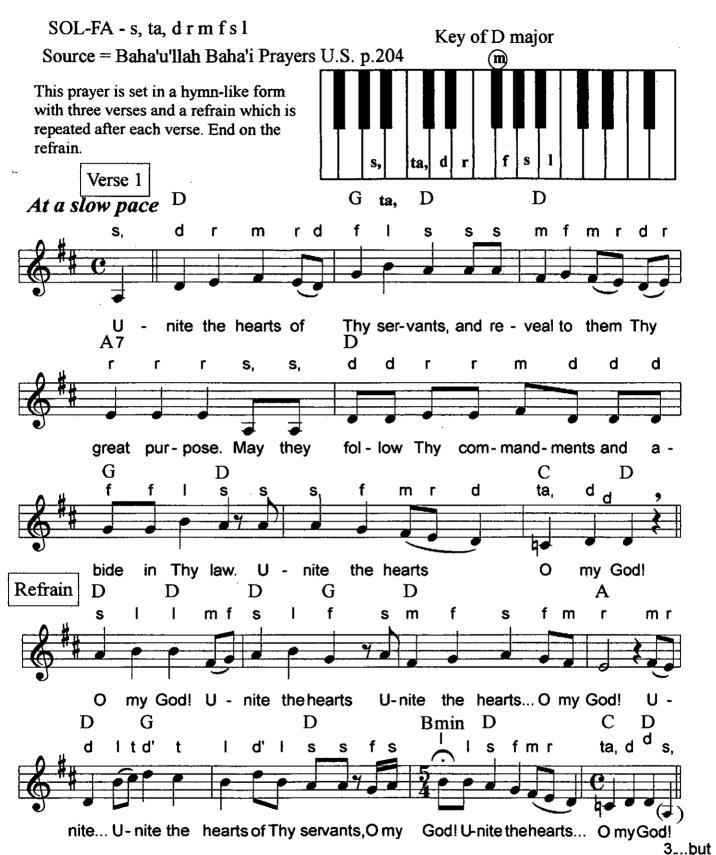
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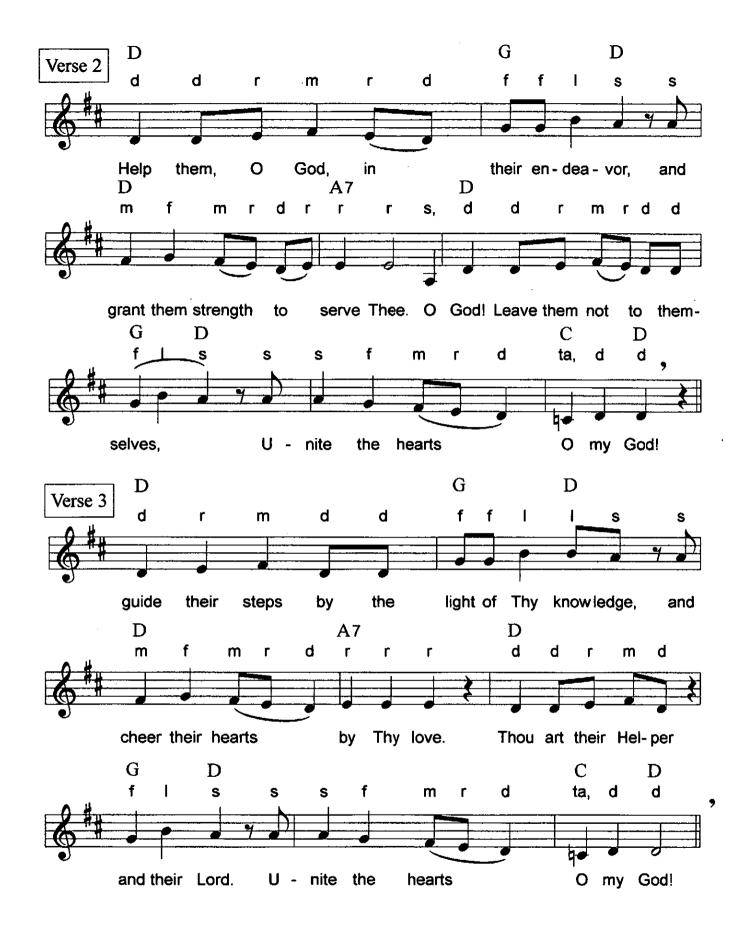


3.

# Unite the Hearts of Thy Servants



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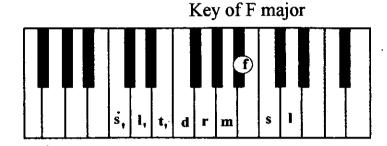
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# I Have Turned My Face (From a prayer for evening)

Source = Abdul-Baha' Baha'i Prayers U.S. p61-62

SOL-FA -s, l, t, d r m f s

This song is much like the "Spirituals" of the past, and should be sung slowly with much feeling and expression.



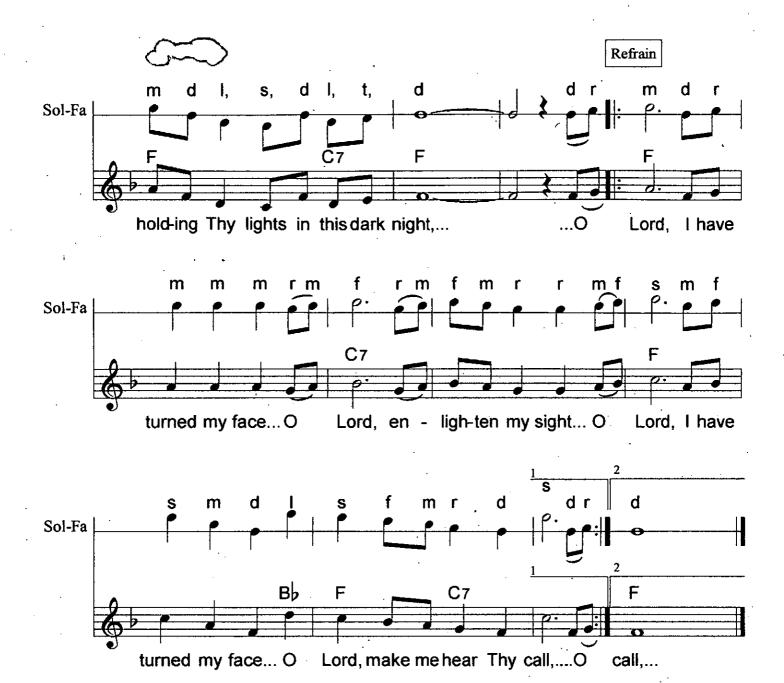
#### Slowly and reverently







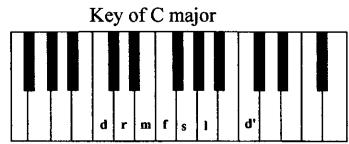
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# O Thou Kind Lord! Unite All.

SOL-FA - d r m f s 1 d' Source = Abdul-Baha' Baha'i Prayers U.S. p103

This song requires only a limited vocal range. It is in a brisk tempo felt in one larger beat to the bar (ONE two three). This can be performed with up to three groups. At first, one group sings the 1st refrain/ostinato whilst another group sings the verse. All join on the 2nd refrain and then split for the 2nd verse as before. Each 4-bar phrase in the 2nd verse can be followed by 4 bars rest as the ostinato group continues. When these 4 lines are completed, all split into three groups for the last refrain sung repeatedly. Each part enters on its own in the order 2nd, 1st, and 3rd. End with all on 2nd line.





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## Ye Are the Fruits

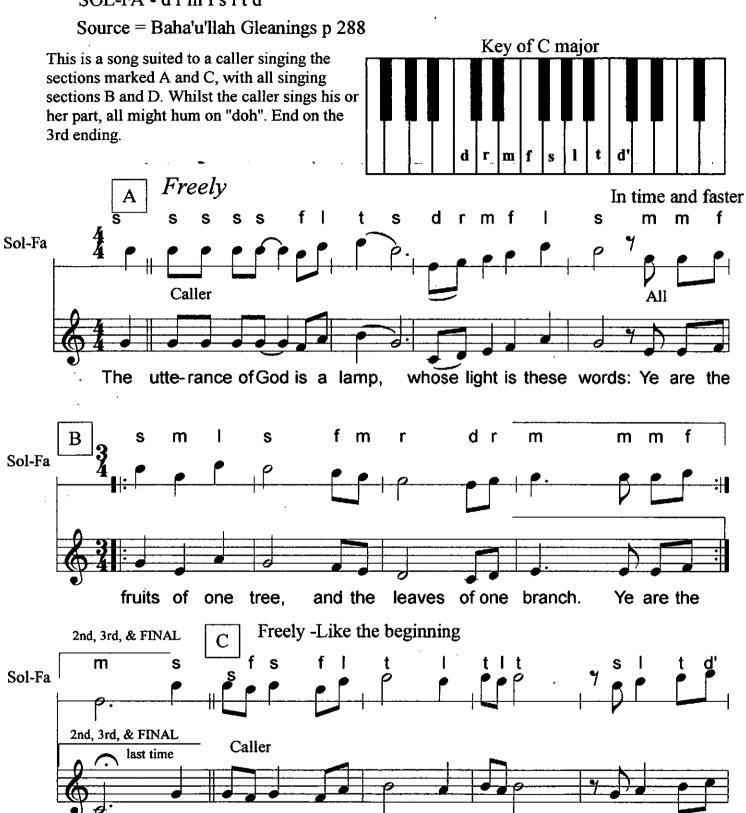
SOL-FA - drmfsltd'

branch.

So

**END** 

power-ful



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of

**u-ni-ty** 

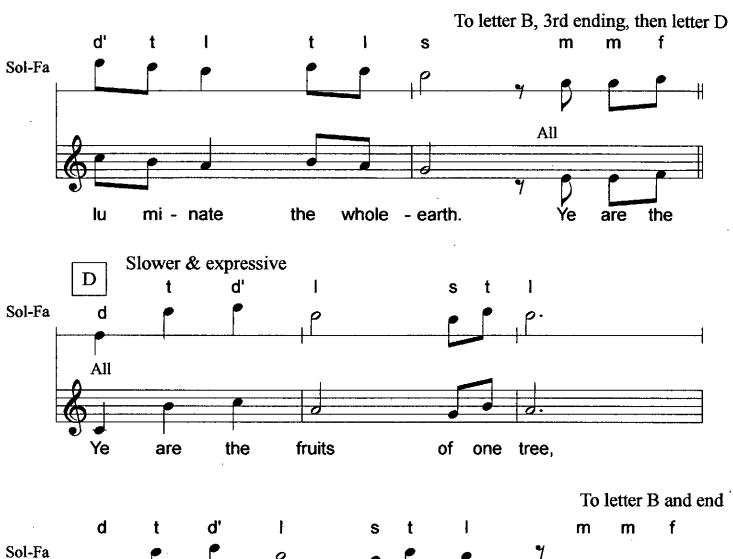
can il-

that it

light

is the

### In time and faster



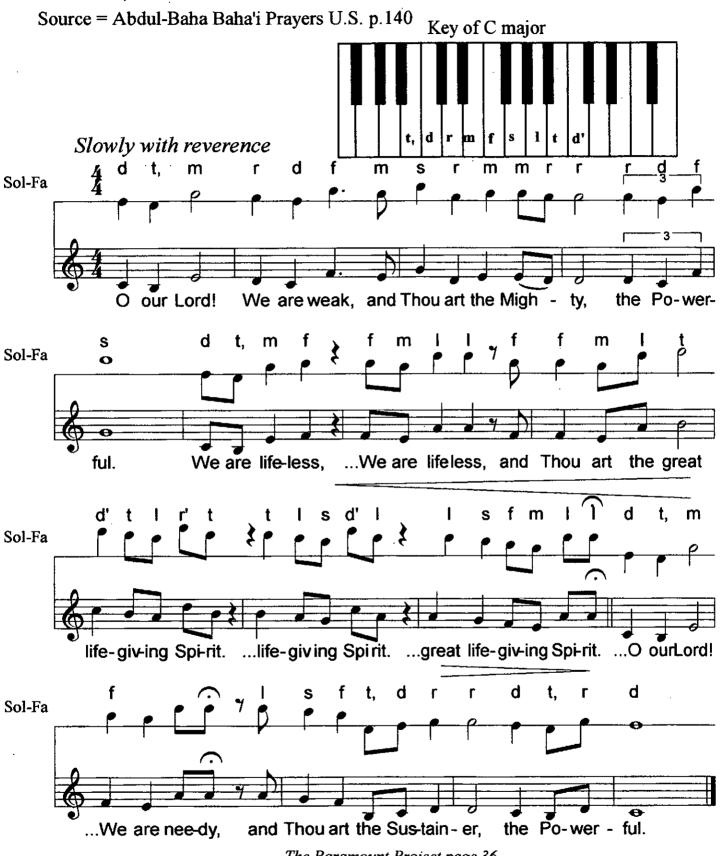
Sol-Fa

and the leaves of one branch. Ye are the
In time and faster

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### O Our Lord

SOL-FA - t, drmfsltd

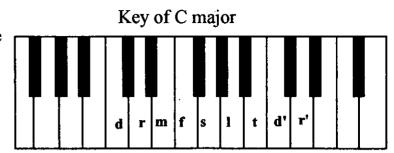


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# O God Omnipotent

SOL-FA - d r m f s 1 t d' r' Source = Abdul' Baha' SWA p.312-13

This two-part song can be sung also as a solo by singing the top line followed by the second line, and then repeating the first.



### At a Moderate Pace



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## Ya Baha!

### SOL-FA - s, l, t, drmfsl



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To "A" and end

# My God, my Fire, and My Light

SOL-FA -s, ltdrmffis

Source = Baha'u'llah Baha'i Prayers U.S. p236-7

These invocations are taken from the prayer for Ayyam i Ha. This song can be sung solo using only the top line. If sung in three groups, the 3rd group sings and holds the vowel in "God"; the 2nd group holds the vowel on "Fire"; the 1st group sings through to "my Light" holding this for 4 beats. Repeat each section as desired. The first 4 bars are in C minor, the second 4 bars are in Eb major-related keys. At sections C and D, all must divide into two groups. After singing each section with the desired repetition, return to the A section,

Key of C minor/Eb major



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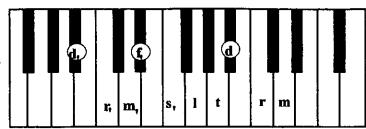
Мy

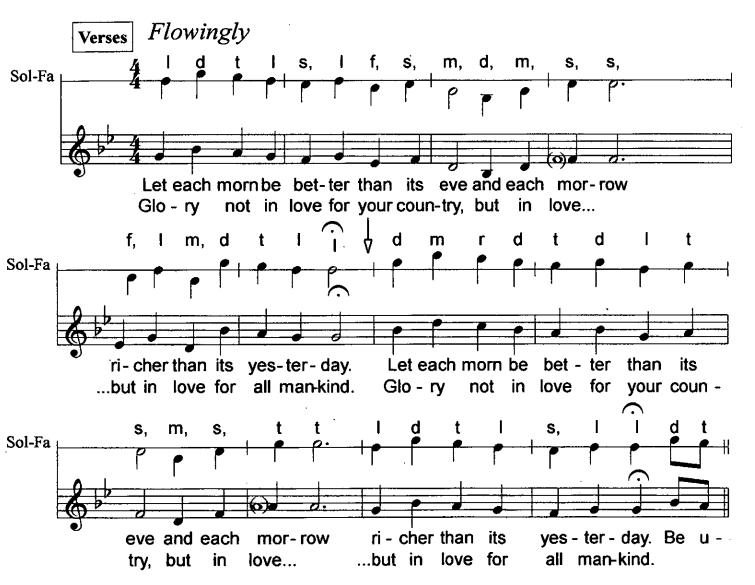
### Be United

SOL-FA - 1 t d r m s, f, m, r, d, Source - Tablets of Baha'u'llah p. 138

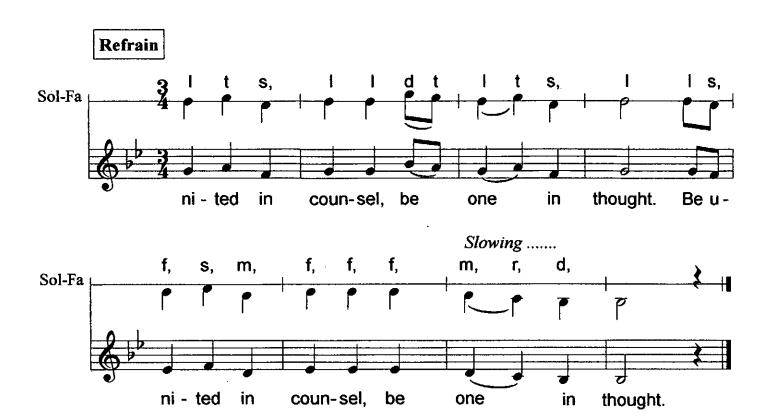
This song is in G minor though at the end of the refrain it gravitates to the relative major key of B flat. It can be sung as written and repeated, or it can be sung in two parts with all singing the first 6 bars together, then half of the group repeating the first 6 bars whilst the other group continues with the second 6 bars. The arrow shows where this division of singers takes place. The refrain is sung together in unison/octaves.

Key of G minor



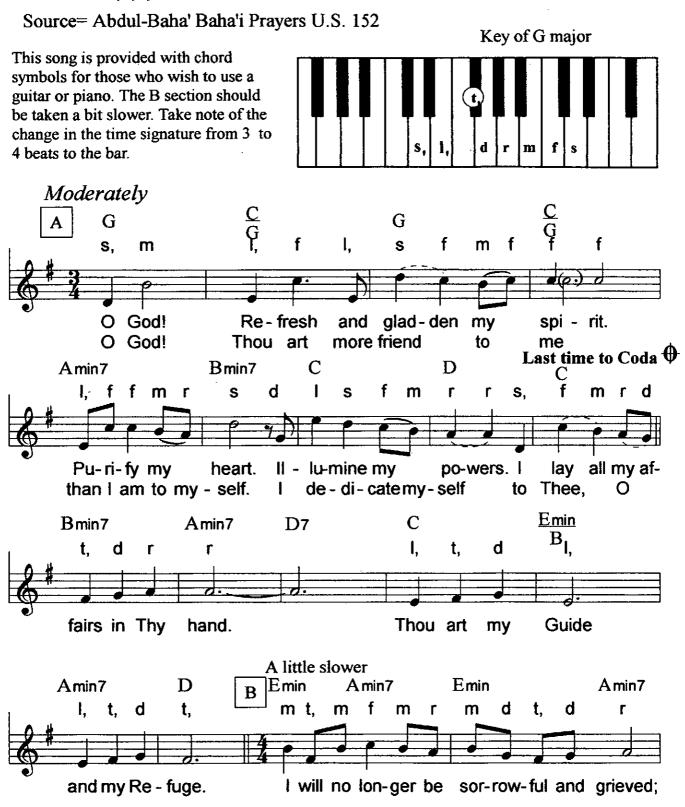


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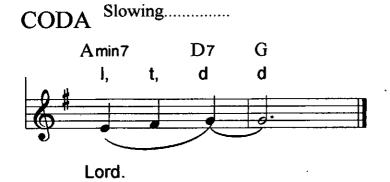
# Refresh and Gladden My Spirit

SOL-FA - s, l, t, drmfsl



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# The Song of God

Source = Abdul'Baha' SWA p.93 SOL-FA - drmfsltdr' Key of C major This song is sung in unison for the 1st section and then splits into 2 and then 3 parts. It can also be sung solo or with unison/octave voices using the A section and the top line from the B and C sections. Andante d s m S S Sol-Fa But know ye this: save for this song of God, no song will stir the sm f d S S Sol-Fa nigh-tin-gale - cry of truth from the Gar-den and save for this of God, t m m Sol-Fa no me-lo-dy will lure a-way the heart. ...and save for this ... f f m S Sol-Fa O ō no me - lo - dy will lure a - way the heart. The Paramount Project page 46 Copyright 1999 M. Knopf



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# Prayer for Healing

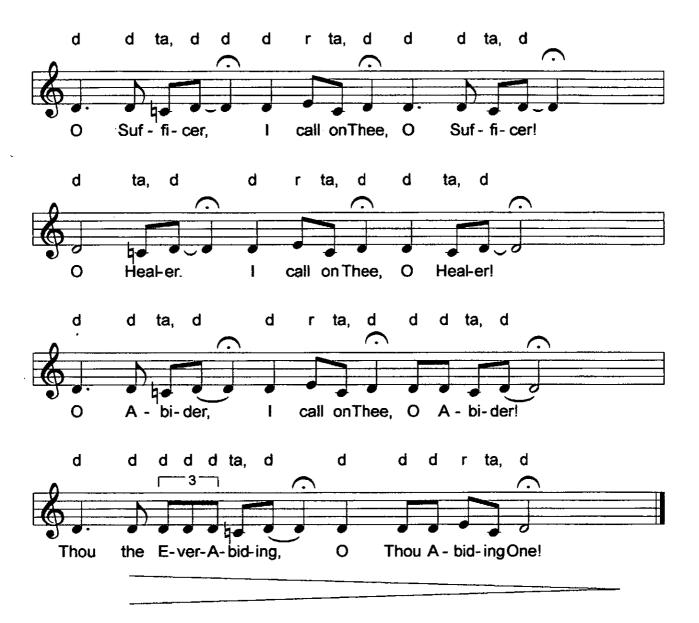
SOL-FA - ta, d r m f s l ta Source = Baha'i Prayers (U.S.) p.91-98

The Long Healing Prayer is perhaps too long to sing as a community devotional piece. However, it might be desirable to sing together the refrain, with an individual calling out chant-like, the varying verses. These might be confined to the few given. Others would need to be prepared in a similar manner. The verses on the second page might be sung/chanted in unison, gradually fading out. You may wish to have a small group humming on the tonic(D).



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### Ending Verses- sung in unison/octaves



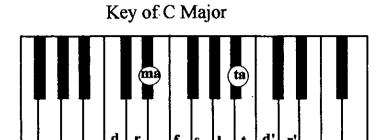
### Be Ye As a Mountain

SOL-FA - dr mafsltat d'r'

Source= Baha'u'llah HW & SHW (BPT Mal) p.68

This music is based on an Indian scale named "Bahar".

It is chant-like, and should be sung slowly with an inaudible breath taken after each pause (fermata). The scale is unusual and the sol-fa should be practised to accustom the ear to the sounds. After the B section, return to the A section and finish. It may also be sung in the form of call-and-response with a group singing the first bar and another answering with the second, and so on.





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# Prayer for the Fast

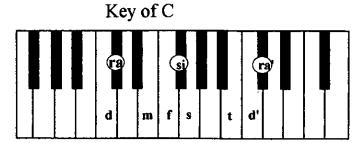
SOL-FA - d ra m f s si t d' ra'

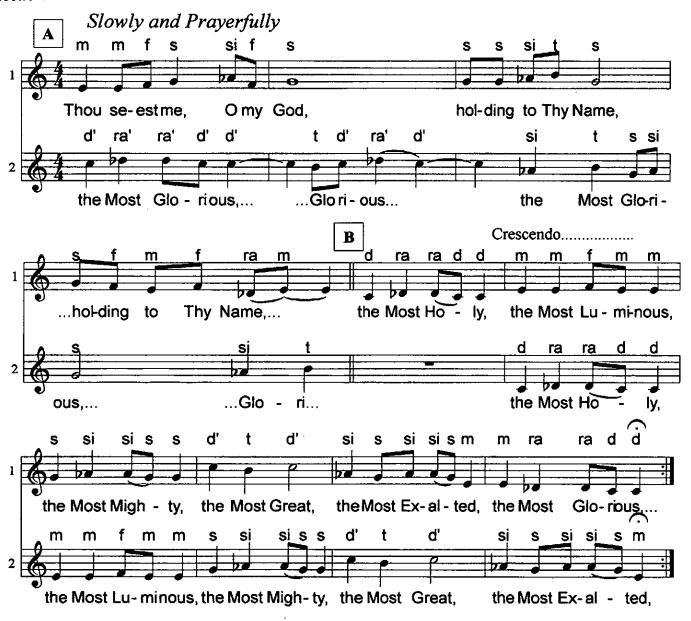
Source = Baha'u'llah Baha'i Prayers U.S. p238

This piece uses an Eastern-sounding scale of C Db E F G Ab B C. All should sing the 1st part to become familiar with these sounds. Repeat as desired. If singing in two parts perform as follows:

-All sing the A section top line only

- Then sing the B section in two or more parts in canon entering after one bar. All hold on the last note.
- -Return to the A section with the higher voices on the 2nd part. Repeat 2 or 3 times ending on the B section.



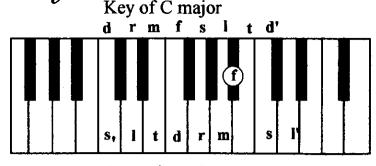


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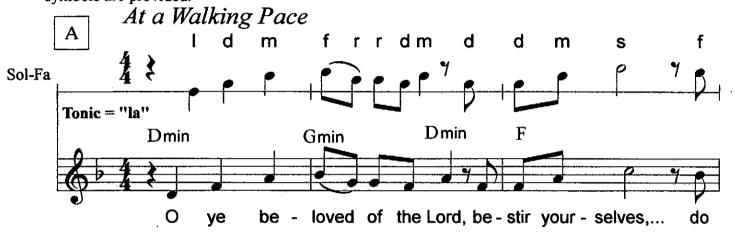
# O Ye Beloved of the Lord Key of C major

SOL-FA - D minor s, 1 t d r m f s l' SOLFA C major d r m f s l t d'

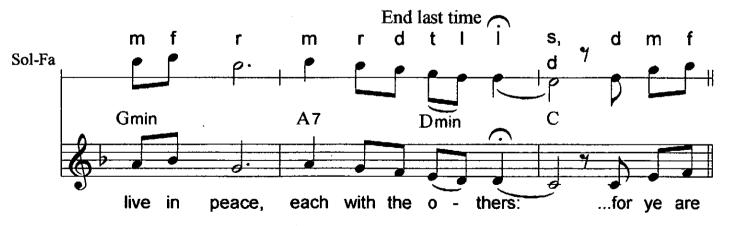
Source = Abdul Baha' SWA p. 280
The two sections in this piece are in different keys. The A section is in D minor and the B section in C major. The A section ends with its "so" which corresponds to C major's "do" and this will ready the ear for the new key. Guitar chord symbols are provided.



Key of D minor







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To A and end

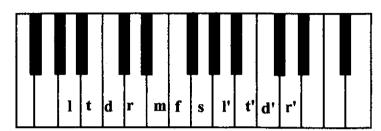
# Mortal Charm Shall Fade Away

SOL-FA - 1 t d r m f s l' t' d' r'

Source = Abdul-Baha SWA p.204

The 1st line may be sung solo or in unison/octaves. A 2nd part is provided if needed, but the first 8 bars should be sung together. An optional repeated pattern is also provided on the next page which can be used as an accompaniment for the entire piece. (You might use only the 1st line.) If sung by all in unison/octaves, and fading gradually, it will provide an effective end to the song.

Key of A minor





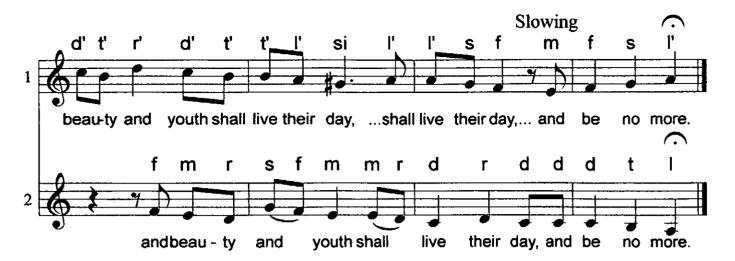
Mor-tal charm shall fade a-way, ro-sesshall give way to thorns, and



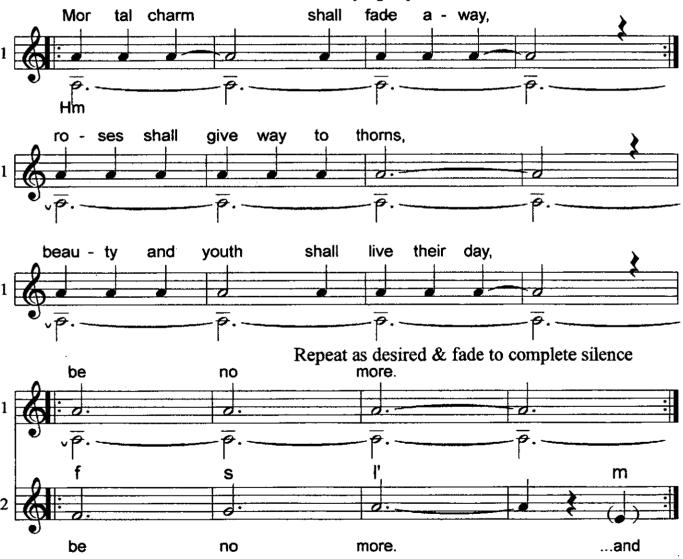
beauty and youth shall live their day, ...shall live their day,... and be no more.



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The following might be used as an ostinato by a third group singing repeatedly the first four bars. In may also be used then as an ending to the entire piece, sung by all in unison/octaves. The low "a" is hummed by a group.

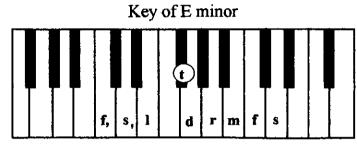


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## Unto God

SOL-FA - f, s, l t d r m f s Source = Baha'u'llah The Tablet of Carmel

This song is in three parts but can be sung solo if one sings the 1st, 2nd, and 3rd lines in sequence. If sung in three parts, begin with 1st group singing once through followed by the 2nd entering, and then the 3rd. Repeat as desired and end with all singing the 1st line, and proceeding to the ending provided at the bottom of the page. The first line can be sung by itself, and as a round with the 2nd part entering when the 1st part begins the 3rd bar.





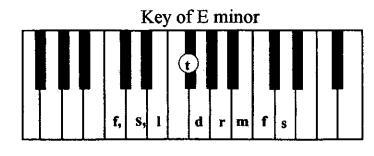
# Rely Upon God

This song can be sung using the following options:

- Solo or in unison/octaves singing each line (1,2,&3) in succession,
- In 2-parts- 1 singing the first line repeatedly, and the 2nd singing the 2nd line and then the 3rd.
- In 3 parts, beginning with the 1st line and on the repeat the 2nd part enters and then on its repeat, the 3rd part enters and repeats. This should then be followed with all singing the 1st part in unison/octaves once through to the end.

At a walking pace and calmly

SOL-FA - f,s, 1 t d r m f s Source = Abdul-Baha SWA p178



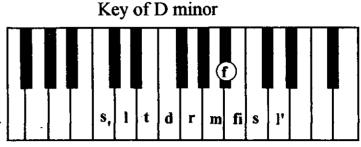


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### O Thou Kind Lord!

SOL-FA - s, l t d r m f fi s l' Source = Abdul-Baha SWA p232-233

This piece is designed to be sung by two groups in a form of call-and-response. The first group may be substituted with a solo voice. The entire piece may also be sung as a solo or duet. Note the use of the b natural (fi) in the second intro which provides a different colour to the passage. Section C might be performed with individuals or groups singing one of the names of God (or two groups echoing each other) and maintaining the last note as a hum to the end.





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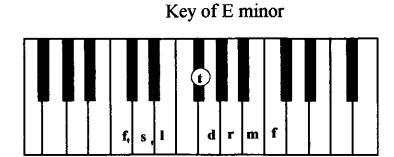
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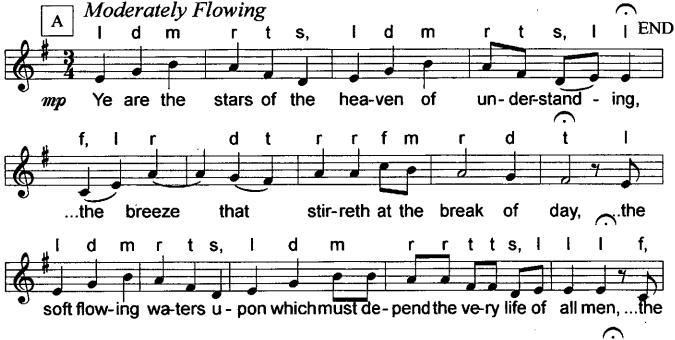
# O People of Baha!

SOL-FA - f, s, 1 t d r m f

Source = Baha'ullah ADJ U.S. p75-76

This song can be sung as a solo though an accompanying harmony for a choir of singers in octaves is provided at section B. If sung as a solo or in unison/octave voices, this accompaniment (2nd line) at letter "B" can be sung freely between each segment of melody on the top line.









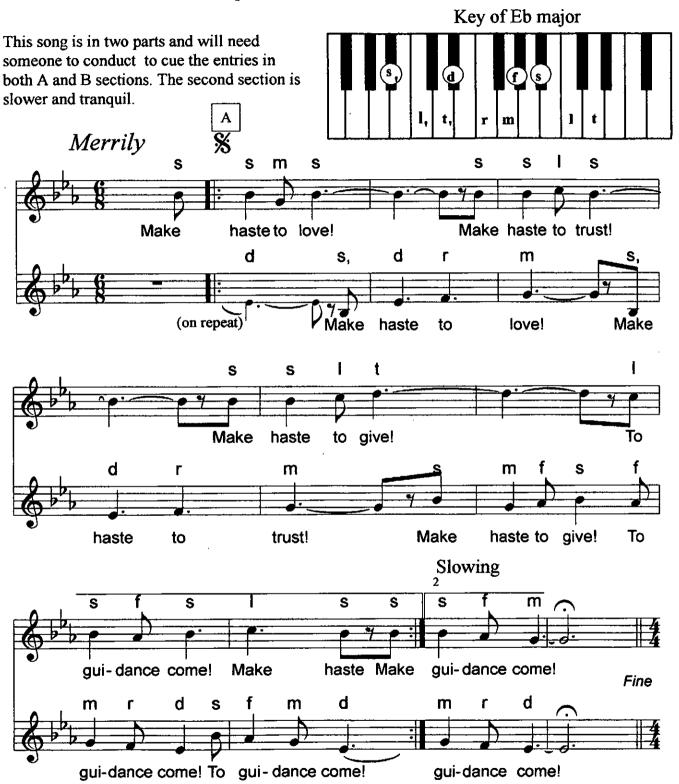
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### Make Haste To Love

SOL-FA - 1, t, d r m f s 1 t Source = Abdul' Baha' SWA p.273



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## A Ridvan Carol

SOL-FA - (parts 2 & 3) d ta, r--m, f, s, r, d,t,

SOL FA Part one = ta, drmfs,

This song uses the G mixolydian scale and is sung at a bright tempo. Guitar chord-symbols are provided. Parts 1 & 2 can be sung by children and ladies, and lower voices sing the 3rd part. (Or all can sing in octaves.)

d, r, m, f, s, l, ta d r m f

### Brightly (in "1")



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End with 1st verse repeated to "Fin" gradually becoming softer

### Dominion is God's

This is the verse to be recited in times of threatening

SOL-FA - ta, d r m ma f s si ta d' Source = Kitab i Aqdas p. 172 N.18



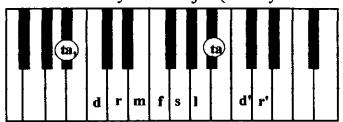
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# Song for Nawruz

#### SOL-FA - drmfsltad'

This song uses alternating time signatures of 9 and 10 beats to the bar. These bars, in turn, are subdivided into accented groups of 2, 2, 2, and 3 beats and 2, 2, 2, and 4 beats. The accent marks & dotted vertical lines indicate these grouping patterns. Instruments might also play the melody. Clapping hands on every beat and accenting with the melody may help all to learn the song. Additional local verses might be composed as well. You may wish to begin with the refrain or use it between sections (A B A C A) or as written.

Key of C major (mixolydian scale)







Smiles and laugh-ter hearts touch, no more sighs, all are sing-ing.



Ce - le - bra-tion, sing out, spi - rits high, voi - ces ring-ing.

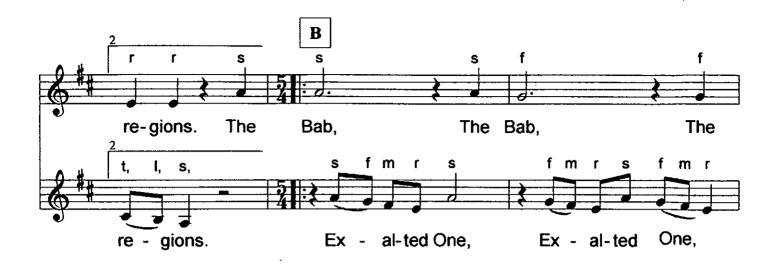
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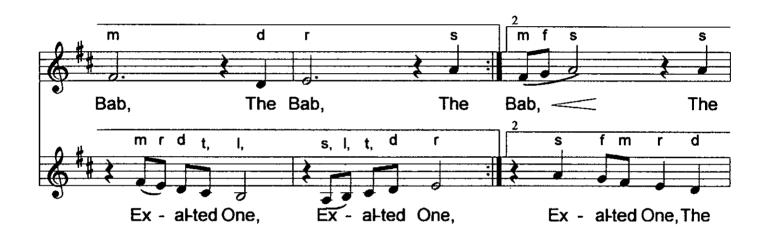


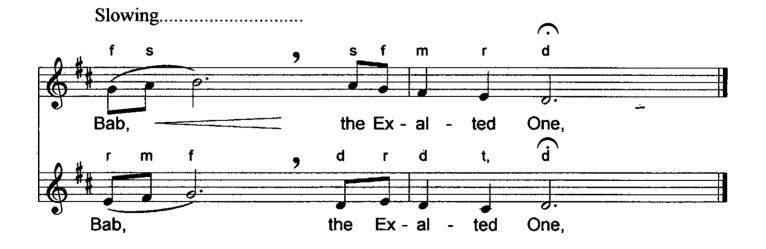
## The Bab - The Exalted One

Source = Abdu'l Baha HW & SHW (Mal) p92 Key of D major SOL-FA - s, 1, t, d r m f s 1 To be sung in two parts in equal voices or in octaves. There are repeat signs with 1st and 2nd endings. Also be aware of the time signature change to 5 beats to the bar. *Joyfully* d d m The Bab, the Ex - al-ted One, is the mг . d m r d d d d The Bab, al ted the Ex -One, the f 1 f m m Morn of Whose Light Whose Truth, m d d t, S, ١, al - ted One, is the Morn of Truth, The Bab. S r S The neth through - out all Light re - gions. f m f m m r d r m r t, I, s, The Bab, shi - neth through - out all re-gions. The

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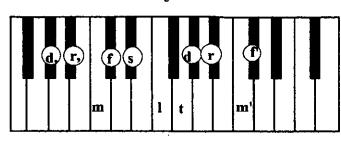
### O My Lord!

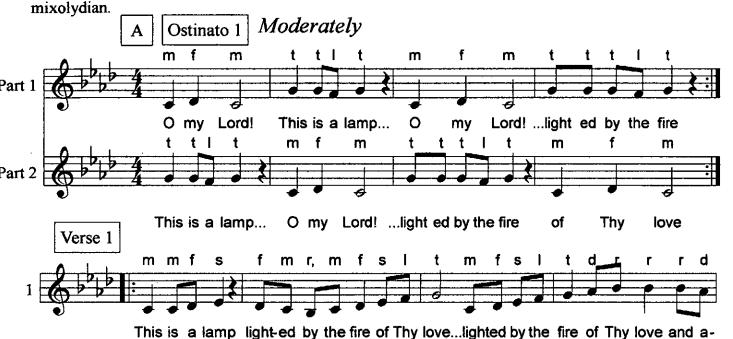
SOL-FA - d,r,m f s l t d r m' f'

Source = Abdul-Baha' Baha'i Prayers U.S. p 153

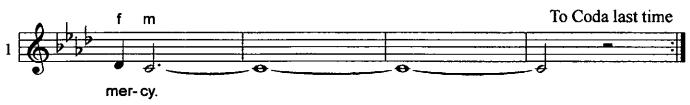
This piece should be done with 1 or 2 groups singing the ostinato as both introduction to the verses, and as accompaniment to the verses. Another group should sing the verses over the ostinato groups. If only two groups are feasible, the 2nd group sings the ostinati and the 1st the introduction ostinato notated in part one, followed by the verses. The ostinato pattern and pitch level changes before the verses. The form is: Intro, Verse1, Intro to Verse 2, Verse 2, return to Intro & Verse 1 and then to the coda and the end. The scale is c phrygian. This means that sol-fa "m" is the tonic in the A section. The B section has "s" as the tonic and is Eb

Key of C phrygian a "mode" of Ab major but in octave of 'c' to 'c'

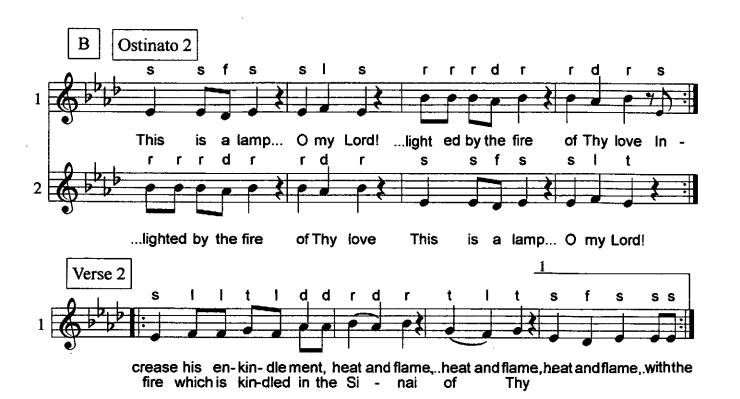




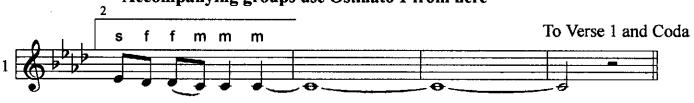




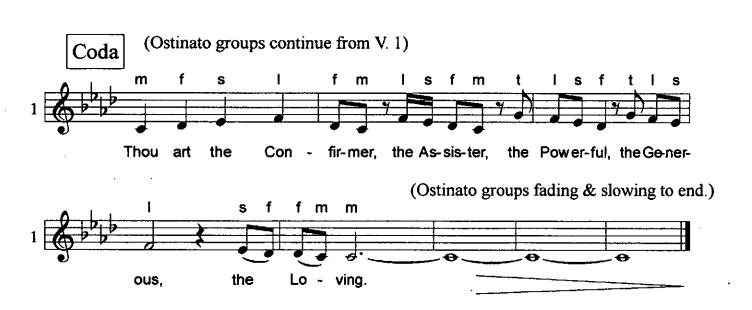
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Accompanying groups use Ostinato 1 from here

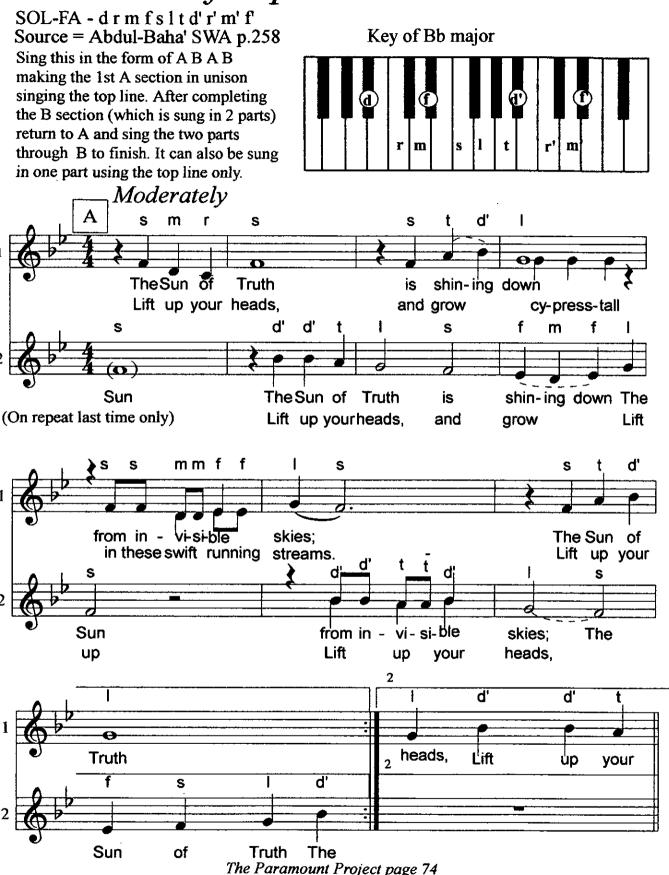


Man-i-fes - ta-tion.



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### Lift Up Your Heads



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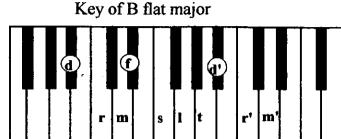
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### Lo, The Nightingale

SOL-FA - drmfsltd'r'm'

Source = Tablet of Ahmad-Baha'i Prayers(U.S) p209

This piece is to be sung softly. Part 2 enters first and then goes to the repeat as Part 3 enters and also goes to the repeat. After these 16 bars, the 1st part begins and all continue through the repeat sign to the end. Special attention must be given to Parts 1 & 2 so that the text comes through clearly.





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### Let us, Like Candles, Burn Away;

Source = Abdul -Baha' SWA p.236 SOL-FA - m,f,s,ltdrmfsl' Key of D minor This song is in two parts, and will require a conductor as it has a few starts and stops, using the "pause" sign and breath marks ('). **Andante** d m m Let us... burn a - way... d m m Let us... burn a - way... Let us... burn a way... d m d t Let us, like can-dles, burn a-way; as moths, let us scorch our wings; Let Let us... burn a - way... us... burn a - way... d f the field plain-tive larks. cries; as our vent t d d ŧ the field larks, plain-tive as vent our criès.

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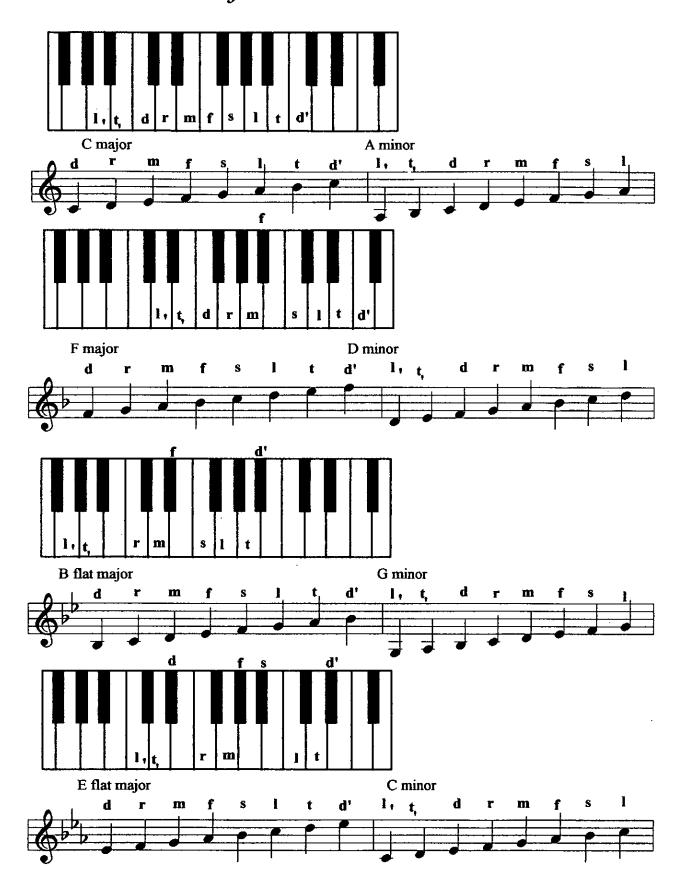
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# The Parami unt Project

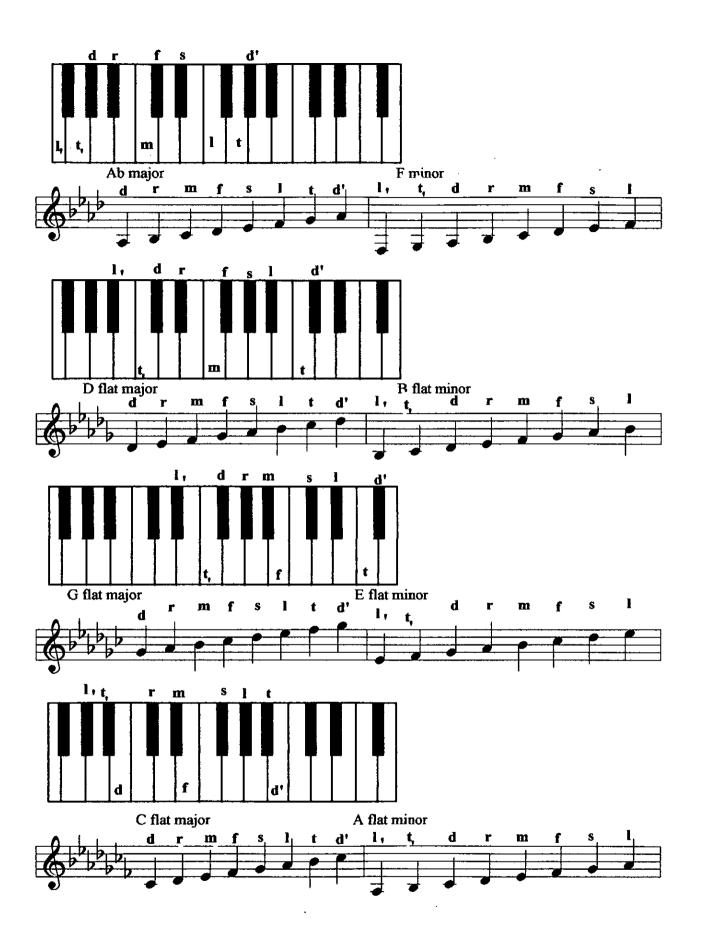
## Appendix

- Minor/Major Scales and Solfa
- -The Chromatic Scales and Solfa
- -heys, Solfa, and Tonic Notes

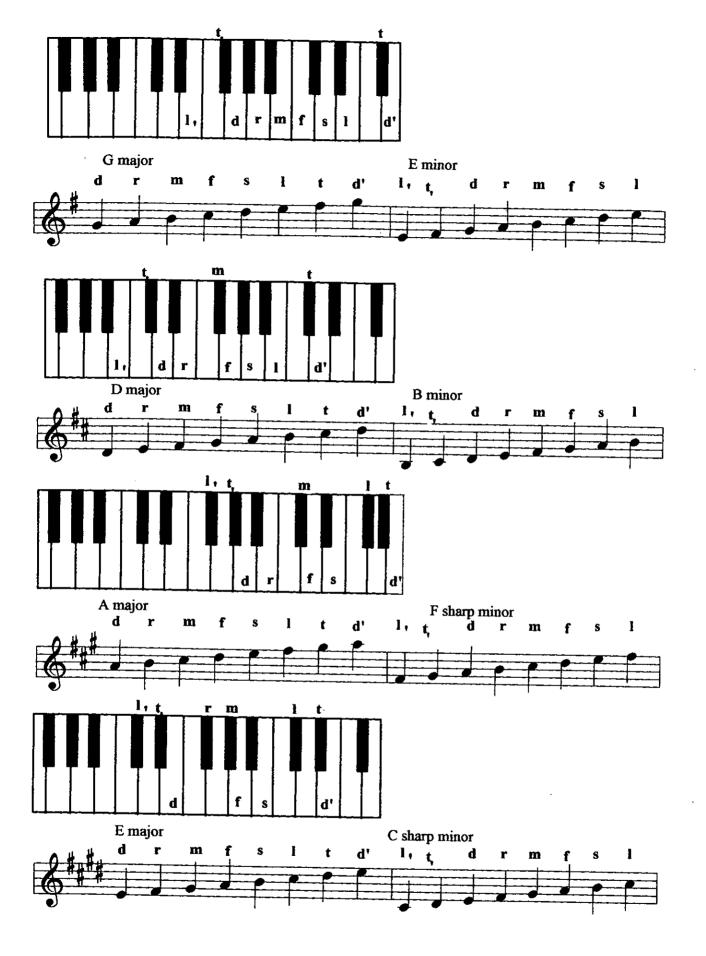
### Major/Minor Scales & Sol-Fa



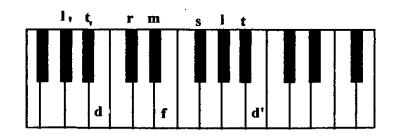
The Paramount Project Appendix - Scales & Sol-fa Copyright 1999 M. Knopf

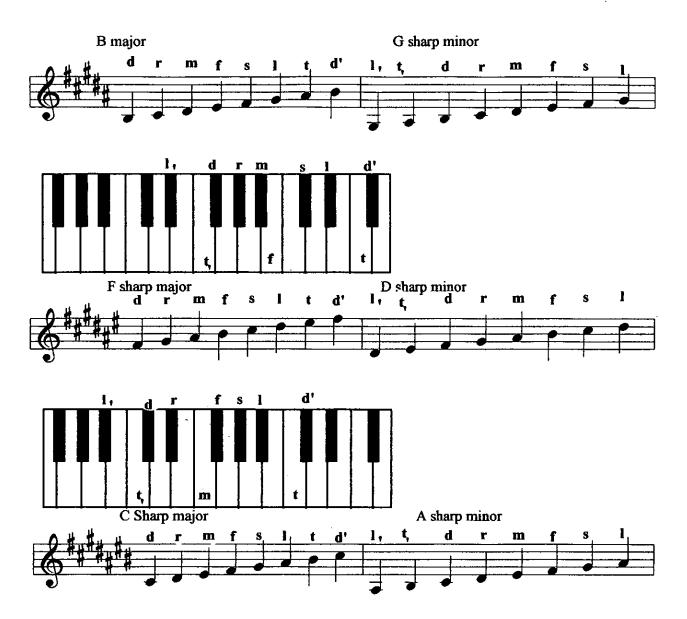


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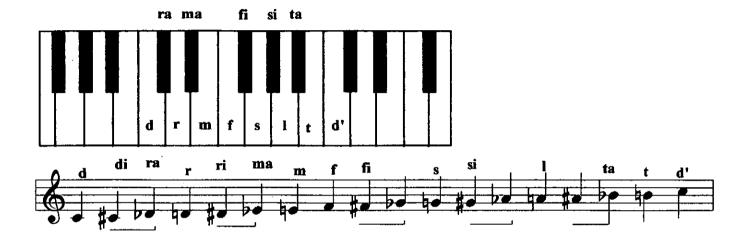




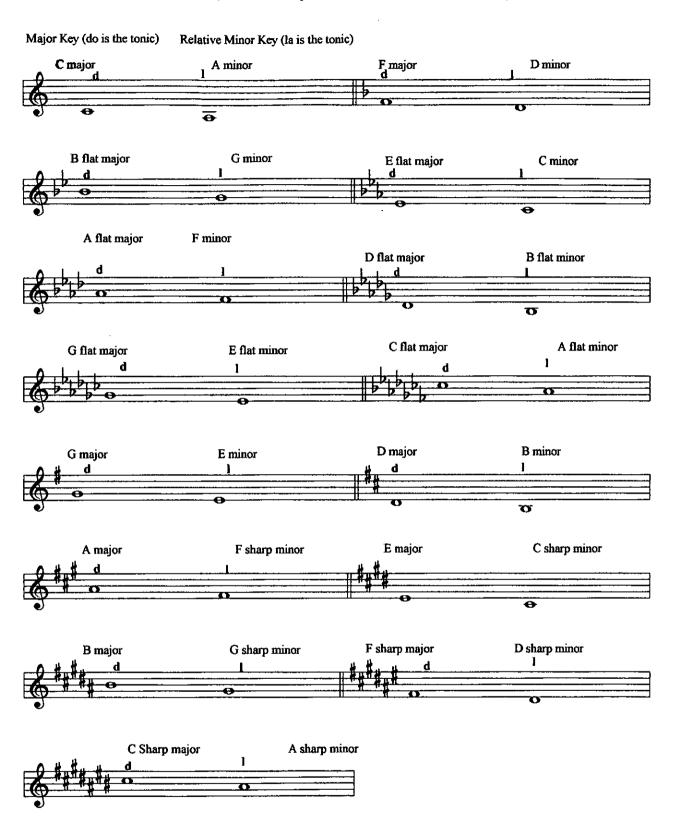
#### The Chromatic Scale & Sol Fa

The CHROMATIC scale uses all 12 tones in our Western "Octave". These tones can be notated as sharps or flats or naturals, and depending on circumstances, they can sometimes be both. Below is a chromatic scale beginning on middle C. Remember though, that with the tonic sol-fa system, the solfa syllables of this chromatic scale can be attributed to the relative positions of notes to the original tonic note.

Take note of the syllable sounds assigned to the accidentals (di/ra, etc.) To become familiar with sounds, play them on a keyboard simultaneously singing the syllables.



# Key Signatures (With Sol-fa tonic notes indicated)



The Paramount Project Appendix - Keys & Sol-fa Copyright 1999 M. Knopf Michael Knopf is a professional composer and guitarist. His compositions range from pieces for solo instruments to large scale choral and orchestral music. As a guitarist, he performs music from the classical repertoire, jazz standards and originals, and spontaneously-composed improvisations.

The Paramount Project derives its name from a well-known quotation of Abdul-Baha' which states:

"In this Cause (the Baha'i Faith) the art of music is of paramount importance..."

The project was conceived as a community-development project aimed at assisting Baha'is and their communities in the use of music in devotional practice. It provides new devotional music based on the Sacred Scriptures of the Baha'i Faith and introduces music-reading skills found within the Kodaly music-learning method.



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